



WELCOME!

To Our Patients:

Thank you for choosing Progressive Medical Center to assist you in determining the source of your personal health issues. We pledge to you a caring, professional and sharing environment dedicated to getting you back on the right track in as natural a manner as possible. Your wellness is our goal!

Your visit to our medical facility will involve a thorough review of your medical history in order to evaluate proper treatment. This questionnaire will assist the physician in determining the appropriate standing orders for testing to assess for the root cause(s) of your medical condition.

You will be initially interviewed by one of our medical assistants/Registered Nurse/Physician Assistant to obtain a more detailed history. One of our licensed attending physicians, either Viktor Bouquette, M.D., Joanne Donaldson, M.D., Benjamin Johnston, Sr., M.D., Lucy Wallang, P.A., Lorena Williams, N.P., Melanie Wardle, N.P., DeAndra McDuffie, D N.P., Tane Patrono, N.P., Michelle Robinson, P.A., or Steve Eke N.P. who then decides which of our extensive array of tests to utilize in diagnosing and adequately assessing your specific condition.

The cost for this initial office visit and examination will be \$170 unless in network with Blue Cross Blue Shield PPO or Cigna POS/PPO.

Patient/Authorized Person Signature

Date

This paperwork is essential to your visit. To maximize your time with the physician, please initial that you understand this entire packet needs to be completed 30 min. prior to your appointment time. If your paperwork is not completed prior to your appointment time, your visit may need to be rescheduled.

_____(Initial)

We do require you to cancel or reschedule your appointment within **48hrs** of your scheduled appointment date & time. In order to reschedule or cancel your appointment, please call our office and speak with our New Patient Coordinator (770-676-6000, option 2). Cancellations after this time and no-shows are subject to the \$25 cancellation fee.

_____(Initial)

In the course of your visits here, some of the previously ordered tests might indicate the need for further assessment, and therefore, other studies might be ordered. Again, these studies will be explained to you, staying true to our standard of always keeping the patient fully informed. Your participation in all decisions pertinent to your care is a vital part of our integrated treatment process.

At any time in the process, if you desire to speak with our financial counselor for more details on costs, payments, or your insurance coverage, we will be pleased to consult with you. It is our desire that you are comfortable with all of our medical and financial procedures. We want you to feel at ease and confident with all members of the Progressive Medical Center's team.

If you have any other questions, please feel free to ask any of our staff.



Out of Network Insurance Provisions

In the course of diagnosis and treatment, patients at Progressive Medical Center undergo comprehensive laboratory testing and detailed evaluations. In network managed care programs, Medicare/ Medicaid, and HMO’s, however, prefer a more simplified approach to testing and evaluations. As a result, Progressive Medical Center is not members of any In Network Managed Care, Medicare/ Medicaid, or HMO programs.

To avoid any inconvenience for our patients, Progressive Medical Center has developed procedures for payment arrangements when necessary. The mission and purpose of Progressive Medical Center is to work in harmony with our patients on all levels to address medical concerns and move toward a healthier state in life.

I, the undersigned, do hereby acknowledge and understand that Progressive Medical Center are out of network providers for most insurance carriers and that my own insurance carrier can change throughout the year. I acknowledge it is my responsibility to notify the billing department of any insurance updates.

Patient/Authorized Person Signature

Date

Notice to Patients

Diana Hubbard, ND
James Munro, ND

Krishna Muhammad, ND
Lindsay Moreau, ND

Jenna Davis, ND
Kasey Holland, ND

Marcia Williams, ND
Mallory Howe, ND

This notice is provided to you pursuant of law. We have other physicians on staff this does not apply to. The practitioners above are registered Doctors of Naturopathic Medicine, and under the scope of practice for Naturopathy, are not practicing as licensed medical doctors and therefore do not practice “the application of scientific principles to prevent, diagnose and treat physical and mental diseases, disorders, and conditions and to safeguard the life and health of any person.” A person registered to practice naturopathy or naturopathic healing under the law may counsel individuals and treat human conditions through the use of “naturally occurring substances.”

The underlying causes of disease can be improper diet, unhealthy habits and environmental factors that cause biological imbalance. A classic naturopath specializes in wellness; the teaching of natural lifestyle approaches to facilitate the body’s healing and health building potential.

I fully understand that the above named individuals are not medical doctors. This individual may counsel me on nutrition, supplements, and better health practices, but will not diagnose or prescribe remedies for disease. Furthermore, I understand that I will be diagnosed by a licensed medical physician during my visit at this office.

Patient/Authorized Person Signature

Date



NOTIFICATION TO PATIENTS

Disclosure of Lab services:

You have the right to choose where you receive medical and laboratory services. Your physician/advanced practitioner may order specialty lab testing when they deem it is medically necessary. Physicians and Advanced Practitioners have **no financial relationship** with any reference laboratories including, LabCorp of America, Quest Diagnostics, American Clinical Labs, Dunwoody Labs, Doctor's Data, Precision Labs or Vibrant Laboratory.

The Medical Management Company (which is not owned by your physician) reserves the right to develop a business relationship with Labs. You have the right to choose where you receive laboratory services including an entity in which the Medical Management Company may have a business relationship with. You will not be treated differently by your physician if you choose to use a different laboratory. If desired, your physician can provide information about alternative laboratories, if one is available for your specific tests.

As a courtesy to our patients, The Medical Management Company will be collecting deductible and co-insurance fees for Mountain Lakes Medical Center. The billing company sends the balance bill to the management company, who will then send this to patients.

Acknowledgment of Disclosure

By signing this Acknowledgment of Disclosure, you acknowledge that you have read and understand the foregoing Notification to Patients regarding physician ownership.

Signature of Patient

Date

Type or Print Name of Patient

Assignment of Benefits Authorization / Release Form

Patient's Full Legal Name: _____ Preferred: _____ Maiden Name: _____
Date of Birth: _____ Age: ____ Sex: M / F SSN: _____ Race: _____ Ethnicity: _____
Marital Status: M / S / D Driver's License State/#: _____ Primary Language: _____ Religion: _____
Address: _____ City: _____ State: _____ Zip: _____ County: _____
Home Phone: (____) _____ Work: (____) _____ Cell: (____) _____ Use for Primary: Hm / Wk / Cell
Email Address: _____
Employer: _____ Position: _____
Parent or Spouse Name: _____ Insured Party Y / N SSN: _____ Date of Birth: _____
Work Number: (____) _____ Cell: (____) _____ Parent or Spouse's Employer: _____
Emergency Contact : _____ Relationship: _____ Home/Cell: (____) _____
Pharmacy Name/Phone: 1) _____ 2) _____
Patient's Primary Care Dr: _____ Phone Number: _____ Date Last Seen: _____
How did you hear about us? Radio / Friend / Family / Existing Patient / Internet / Physician / Expo / Other: _____

ALL FEES PAYABLE AT TIME OF SERVICE UNLESS SPECIAL ARRANGEMENTS ARE MADE.

ASSIGNMENT OF HEALTH PLAN BENEFITS AND RIGHTS AS WELL AN APPOINTMENT AND/OR DESIGNATION AS AN ERISA/PPACA REPRESENTATIVE

I understand and agree that (regardless of whatever health insurance or medical benefits I have), I am ultimately responsible to pay Progressive Medical Center, as well as all employees, employers, representatives, and agents thereof, (hereinafter collectively referred to as "Healthcare Provider") the balance due on my account for any professional services rendered and for any supplies, tests, or medications provided.

I hereby authorize payment of, and assign my rights to, any health insurance or medical plan benefits directly to Healthcare Provider for medical/healthcare services that have or will be rendered and for any supplies, tests, or medications provided.

I hereby authorize the release of any health status, conditions, symptoms or treatment information contained in your records that is needed to file and process insurance or medical plan claims, to pursue appeals on any denied or partially paid claims, for legal pursuit as to any unpaid or partially paid claims, or to pursue any other remedies necessary in connection with same.

I hereby assign directly to Healthcare Provider all rights to payment, benefits, and all other legal rights under, or pursuant to, any health plan, ERISA plan, PPACA plan, or insurance contract rights that I (or my child, spouse, or dependent) may have under my/our applicable health plan(s) or health insurance policy(ies). This document includes, but is not limited to, a designation that Healthcare Provider can act on my/our behalf, as my/our representative, ERISA representative, or PPACA representative as to any claim determination, to request any relevant claim or plan information from the applicable health plan or insurer, to file and pursue appeals to obtain benefits and/or payments that are due to either Healthcare Provider, myself, and/or my family members as a result of services rendered by Healthcare Provider, and to pursue any and all remedies to which I/we may be entitled, including the use of legal action against the health plan or insurer. This assignment and/or designation will remain in effect unless revoked in writing, and a photocopy or scan is to be considered as valid and enforceable as the original.

Signed this _____ day of _____ 20____.

X _____
Patient Signature

X _____
Signature of Guardian if applicable

Please print Patient name

Please print Guardian name

Authorization for Disclosure of Health Information

Protected health information (PHI) will only be released from our practice with a properly executed authorization from the patient or his/her personal representative, except for treatment, payment, or health care operations (TPO) and as otherwise required by law.

Examples of some instances in which we are required to disclose your PHI include:
Public health activities; information regarding victims of abuse, neglect, or domestic violence; health oversight activities; judicial and administrative proceedings; law enforcement purposes; organ donations purposes; research purposes under certain circumstances; national security and intelligence; correctional institutions; and Worker’s Compensation.
Progressive Medical Center will only use or disclose PHI, except as noted above, consistent with the terms of the authorization.

A patient may revoke his authorization to use or disclose PHI at any time but actions taken prior to the revocation are excluded. If authorization is a condition of obtaining insurance coverage, and the authorization is revoked, the insurer may contest a claim under the policy.

Authorizations must be properly executed by the patient or his personal representative. It should include, the date signed, specific PHI to be released or used, to whom this use or release relates, and an expiration date for the authorization.

Patient Name: _____ Date: _____

Signature: _____

Guardian/ Parent name: _____ Signature: _____

My health information may be disclosed to and used by the following individual:

Name: _____ Relationship to patient: _____

Address: _____

City: _____ State: _____ Zip: _____

I understand that I have a right to revoke this authorization at any time. I understand that if I revoke this authorization I must do so in writing and present my written revocation to the health information management department. I understand that the revocation will not apply to my insurance company when the law provides my insurer with the right to contest a claim under my policy.

I understand that authorizing the disclosure of this health information is voluntary. I can refuse to sign this authorization. I need not sign this form in order to assure treatment. I understand that I may inspect or copy the information to be used or disclosed, as provided in CFR 164.524. I understand that any disclosure of information carries with it the potential for an unauthorized redisclosure and the information may not be protected by federal confidentiality rules. If I have questions about disclosure of my health information, I can contact: Progressive Medical Center.

I understand that the information in my health record may include information relating to sexually transmitted disease, acquired immunodeficiency syndrome (AIDS) or human immunodeficiency virus (HIV). It may also include information about behavioral or mental health services and treatment for alcohol and drug abuse.

Signature of patient or legal representative

Date

PLEASE NOTE: This information has been disclosed to you from confidential records protected from disclosure by state and federal law. No further disclosure of this information should be done without specific, written and informed release of the individual to whom it pertains or as permitted by state law (ORC – 3701.243) and federal law 42 CFR, part II.

Medical History

Patient's Name: _____ Date of Birth: _____ Age: _____ Date: _____

What is the main problem that brought you in today? _____

How long have you been having symptoms? _____

Current Medications:

Current Supplements:

Allergies:

Drugs

Foods

Environmental (e.g. pollen)

Tested Y / N

Tested Y / N

Past Medical History:

Have you had any of the following medical issues?

Condition	Yes	No	Current treatment	Date Began	Date Resolved
ADD/ADHD					
Alcoholism/Drug addiction					
Allergies					
Anemia					
Anxiety					
Arthritis					
Asthma					
Autoimmune Disease Type					
Cancer Type:					
Chemical Sensitivities					
Chronic Fatigue					
Depression					
Diabetes					
Eczema					
Fibromyalgia					
GERD/reflux					
Headaches/migraines					
Heart Disease					
High Blood Pressure					
High Cholesterol					
Condition	Yes	No	Current Treatment	Date Began	Date Resolved
Irritable Bowel Syndrome					

Lyme Disease					
Menopause					
Mental Illness					
Mononucleosis					
Obesity					
Ovarian Cysts (PCOS)					
Psoriasis					
Prostate Disease					
Recurrent Strep infections					
Thyroid Disease					
Vaginal Infections					
Other					

Hospitalizations: _____ **Date:** _____ **Issue:** _____ **Age:** _____

If female: Do you have any of the following:

Irregular menstrual cycles?	Yes	No
Extreme heavy bleeding or cramping with menstrual cycles?		
Extremely light bleeding with cycles?		
Breast tenderness as part of PMS symptoms?		
Sugar cravings or mood swings as part of PMS symptoms?		

Have you been pregnant? Yes No If yes, ages: _____
 If no, have you tried to get pregnant without success? Yes No
 When was your last Menstrual Cycle? Date: _____
 When was your last: Pap _____ Mammogram _____ Bone Density _____
 Have you used birth control pills? Yes No If yes, how long _____

If male: Do you have any of the following:

Problems attaining/maintaining an erection	Yes	No
Difficulty with urination including decreased stream or increased frequency?		

Family Medical History:

Mother's age (at death if deceased): _____
 Any medical conditions: _____
 Father's age (at death if deceased): _____
 Any medical conditions: _____
 Siblings' ages and medical conditions: _____
 Other family members with chronic health conditions (e.g.-diabetes, heart disease, thyroid disease): _____

Social history:

Please circle those that apply: Single Married Divorced
 Please circle any of the following substances that you use regularly: Tobacco / Alcohol / Coffee / Recreational Drugs

Dental history: Please circle those that apply: Mercury filling(s) / Tooth Abscess(es) / Root Canal(s)

 Patient/Authorized Person Initials Date Physician's Initials Date

PRIMARY COMPLAINT(s): _____

Appx. date of onset: _____

Symptoms began: __ Gradually: __ Suddenly

Symptom and Ailments Questionnaire #1

Please check the appropriate box for each question.

Symptoms – Please Circle One or all that apply on each line:	Frequently	Occasionally	Rarely	Never
Cold hands, feet, low body temperature				
Fatigue/ tiredness				
Inability to lose weight despite dieting				
Poor memory				
Poor concentration				
Constipation				
Diarrhea				
Hair loss				
Depression				
Anxiety/ nervousness				
Irregular heart beats				
Trouble sleeping				
Muscle weakness				
Muscle aches				
Joint pain				
Headaches				
Early morning stiffness				
Easy fatigue from exercising				
Sleepiness in the afternoon				
Dizzy/ lightheaded				
Sugar cravings				
Loss of voice / hoarseness				
Shaky or irritable when hungry				
Thyroid disease				
Sense of fullness during and after meals				
Belching/ burping/ bloating/ gas				
Rectal itching/ nasal itching				
Toe fungus, jock itch, or athlete’s foot				
High sensitivity to smells				
Chronic or long term hives				
Bad breath				
Sinus or breathing problems				
Easy bruising				
Slow wound healing				
Average bowel movements per day?	(1)	(2)	(3)	(4+)

Patient/Authorized Person Initials

Date

Physician’s Initials

Date

Symptom and Ailments Questionnaire #2

Please check the appropriate box for each question.

Symptoms – Please Circle One or all that apply on each line:	Frequently	Occasionally	Rarely	Never
Vaginal burning, itching or discharge				
Prostatitis or prostate cancer				
Mood swings				
Endometriosis or infertility				
Cramps or menstrual irregularities				
Attacks of anxiety or crying				
Bladder / kidney infections				
Drowsiness				
Irritability				
Eczema or psoriasis				
Itchy skin or eyes				
Chronic hives (urticaria)				
Indigestion or heartburn				
Decreased body hair				
Sensitivity to milk, wheat or foods				
Decreased sex drive				
Dry mouth or throat				
Bad breath				
White tongue				
Excessive foot, hair or body odor				
PMS pre-menstrual syndrome				
Frequent sore throats				
Laryngitis, loss of voice				
Recurring bronchitis				
Pain or tightness in the chest				
Shortness of breath				
Spots in front of eyes				
Burning or tearing eyes				
Recurring infections in eyes				
Ear pain or ringing				
Salt Cravings				
Other symptoms needing consideration:				

Patient/Authorized Person Initials

Date

Physician's Initials

Date

Symptom and Ailments Questionnaire #3

Please check the appropriate box for each question.

Symptoms and Ailments: Please circle one or all that apply on each line:	YES	NO
Have you taken multiple courses of a broad-spectrum antibiotic drug—even in a single dose?		
Have you, at any time in your life, been bothered by persistent prostatitis, vaginitis or other problems affecting your reproductive organs?		
Are you bothered by memory or concentration problems e.g. do you sometimes feel ‘spaced out’?		
Do you feel ‘sick all over’ yet, in spite of visits to many different physicians, no cause has been found?		
Have you been pregnant?		
Have you taken birth control pills longer than 2 years?		
Have you taken steroids orally, by injection or inhalation?		
Does exposure to perfumes, insecticides, fabric shop odors and other chemicals provoke symptoms?		
Does tobacco smoke <i>really</i> bother you?		
Are your symptoms worse on damp, muggy days or in moldy places?		
Have you had athlete’s foot, ring worm, ‘jock itch’ or other chronic fungus infections of the skin or nails?		
Do you crave sugar?		
Do you have high blood pressure?		
Have you ever had angina or a heart attack?		
Have you ever had a stroke?		
Do you have diabetes?		
Do you have swelling that is not known to be the result of another health issue?		
Do you smoke?		
Do you have high cholesterol? If yes, what is your cholesterol number? _____		
Have you ever had coronary bypass surgery?		
Is there history of heart disease in your family?		
Have you been diagnosed with sleep apnea?		

24 hr Food Intake:

When did you last eat? _____ hrs ago

What did you have for breakfast today: _____

Lunch (yesterday or today): _____

Dinner (yesterday): _____

Snacks (past 24 hours): _____

Beverages (past 24 hours): _____

Patient/Authorized Person Initials

Date

Physician’s Initials

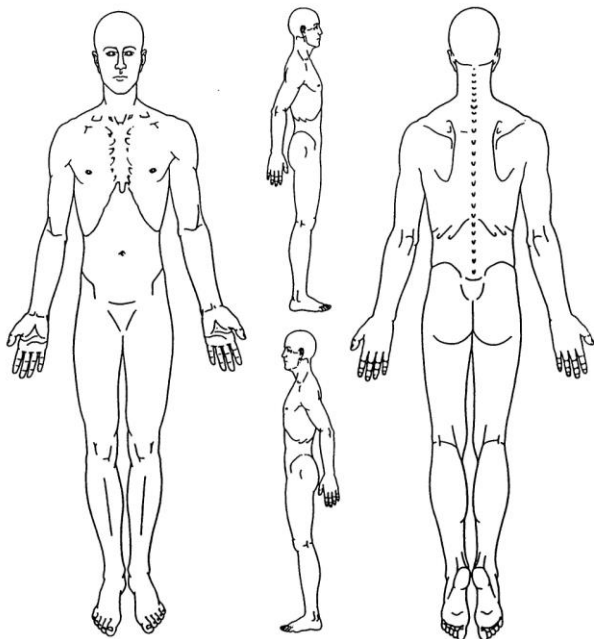
Date

Pain Symptoms Questionnaire

Please check the appropriate box for each question.

Using the diagram below, indicate any areas you are feeling pain by marking a

PPP = Pain NNN= Numbness TTT = Tingling BBB = Burning CCC= Cramping XXX = Other



On a scale of 1-10, with 10 being the worst possible pain, what is your level of pain?

1 2 3 4 5 6 7 8 9 10

Please indicate any other symptoms that you have experienced:

- Dizziness
- Memory Loss
- Numb Feet/ Toes
- Irritability
- Ears Ringing
- Back Pain
- Difficulty Sleeping
- Fatigue
- Jaw Problems
- Chest Pain
- Arm/ Shoulder Pain
- Leg Pain
- Back Stiffness
- Blurred Vision
- Numb Hand/ Fingers
- Tension
- Low Back Pain
- Neck Stiffness
- Shortness of Breath
- Nausea
- Buzzing in Ear
- Neck Pain
- Upset Stomach

Other: _____

Circle Quality of Pain:

Stabbing Shooting Dull Constant Intermittent Better /Worse with heat Better/Worse with ice
 Better/Worse with movement Better/Worse sitting Better/Worse standing Better/Worse lying down

If yes,
 How many days a week do you exercise? _____ How long? _____

What type of exercise (s)? _____

Have you ever seen a pain management specialist? NO__ YES__

If yes, what treatments are you currently receiving on a regular basis? (Acupuncture, physical therapy, medication...)

 Patient/Authorized Person Initials

 Date

 Physician's Initials

 Date

Environmental Profile

According to the World Health Organization as much as 65% of all illnesses can be caused or made worse by the indoor environment. Numerous chronic diseases, which were once rare, are becoming commonplace as the levels of toxins present in our environment continue to escalate. Many times medical treatments are rendered ineffective if the environment in which a patient lives is not conducive to the healing process. During the course of your medical treatment the physician obtains a complete profile of your living environment. This will enable Progressive Medical Center to determine if your illness is caused or worsened by your living or working environment and to specifically individualize a treatment program for optimal results.

Please circle one or all that apply on each line and answer the following questions by checking YES or NO:

Question	Yes	No
Are pesticides in your home or office?		
Do you use natural cleaning and laundry products?		
Is the construction of your house less than 15 years old?		
Have you had plumbing leakage, wet carpets or other water damage anywhere in your home?		
Do you have animals live indoors?		
Do you or your neighbors use lawn chemicals?		
Do you have moldy odors, mildew or visible molds anywhere in your home?		
When turning on your heating or air conditioning system(s) do you smell foul or moldy odors?		
Does the dust in your home reappear shortly after dusting?		
Do you have "blown-in" insulation in your attic?		
Are you, or is anyone in your home, experiencing any chronic ailments such as asthma, allergies, sinus infections, respiratory problems, or frequent cold or flu-like symptoms?		
Have you ever had bird, rat, mouse or any rodent infestation in your home?		
Do you have a "crawl space" or an unfinished basement in your home?		
Do you feel better after you leave your home or office for a extended period of time?		
Do you use only natural products for your skin?		
Do you have moldy odors or visible molds in your workplace?		
Has there ever been water stains on the ceiling tiles, chemical odors, dirty air vents or excessive dust intrusion in your home or workplace?		
Do you frequently feel tired or run-down at the end of a workday?		
Do your family members and co-workers frequently complain of headaches, colds or flu-like symptoms?		
Is smoking permitted in your workplace or home?		
Do you have carpeting in your home or office?		
Do you use a filter for all drinking, cooking and shower/bath water?		
Do you have an air filter in your home or work place?		

What is your current occupation? _____

If less than one year, what was your prior occupation? _____

Patient/Authorized Person Initials

Date

Physician's Initials

Date

No Cost Tests

As a Service to New Patients at Progressive, we now offer Brain Mapping and Allergy Tests. These tests take approximately 1 hour to perform both. These tests are no-cost to you and are applicable based on your symptoms. In the case that your insurance will cover this based on your symptoms, we will bill this to your insurance.

Symptom and Ailments Questionnaire #4

Please check the appropriate box for each question.

Brain Mapping Symptoms. Please circle one or all that apply on each line:	YES	NO
Poor Memory/ Concentration		
Anxiety		
Depression		
Irritability		
Insomnia or Trouble Sleeping		
Allergy Symptoms. Please circle one or all that apply on each line:		
Seasonal Allergies/ Asthma		
Chronic Sinus Infection		
Chronic Congestion or Runny Nose		
Burning or Watery Eyes		
Frequent Puffiness in Face		
Eczema and Other Skin Diseases		
Difficulty Breathing		
Chronic Fatigue		

Patient/Authorized Person Initials

Date

Physician's Initials

Date